

BREAKFAST MENU

Light + Healthy

Granola Parfait	House-made granola, whipped yogurt, berry compote, fresh fruit
Hot Oatmeal	Rolled oats, pure Quebec maple syrup, Okanagan apple compote, fresh fruit
Continental	House-made granola or hot oatmeal, vanilla yogurt, selection of toast, fresh fruit
Mushroom Tomato Toast	House-baked bread, roasted mushrooms, blistered tomatoes, whipped ricotta, everything crunch, micro greens, radish, fresh fruit Add two eggs any style Add smoked salmon
Smashed Avocado Toast	House-baked bread, smashed avocado, radish, micro greens, everything crunch, fresh fruit Add two eggs any style Add smoked salmon
Open B.E.L.T Sandwich	Dressed organic greens, sweet gems, smoked pork hock, roasted everything crunch, two sunny side eggs, house bread

Time Honoured

Traditional	Two eggs any style, choice of bacon, sausage or Canadian back bacon, crispy breakfast potatoes, toast selection, fresh fruit
Cordo Omelette	Three eggs, cheese, roasted mushrooms, Canadian ham, crispy breakfast potatoes, toast selection, fresh fruit
Vegetarian Omelette	Three eggs, cheese, sautéed spinach, onions, tomatoes, feta cheese, crispy breakfast potatoes, toast selection, fresh fruit
Buttermilk Pancakes	Two buttermilk pancakes, choice of bacon, sausage, or Canadian Ham, two eggs any style, fresh fruit

Specialties

Classic Eggs Benedict	Two poached eggs, warm crumpet, Canadian back bacon, house-made hollandaise, crispy breakfast potatoes, fresh fruit
Smoked Salmon Benedict	Two poached eggs, warm crumpet, herb + caper cream cheese, wilted spinach, red onions, smoked salmon, house-made hollandaise, crispy breakfast potatoes, fresh fruit
Mushroom + Spinach Benedict	Two poached eggs, warm crumpet, roasted mushrooms, spinach, red onions, feta, house-made hollandaise, crispy breakfast potatoes, fresh fruit
Keto Breakfast	Scrambled eggs, grilled beef patty, fresh avocado, feta, sautéed spinach + onions
Loaded Skillet	Crispy breakfast potatoes, smoked pork hock, onions, kale, mushrooms, blended cheese, two poached eggs, hollandaise, selection of toast, fresh fruit
Chocolate Banana French Toast	Two pieces of thick-cut banana bread, choice of bacon, sausage or Canadian ham, two eggs any style, fresh fruit One slice French Toast with sides

Beverages

- Brewed Coffee**
- Teavana Tea**
- Hot Chocolate**
- Juice**
 - Orange, Apple, Ruby Grapefruit, Cranberry, Tomato
- Chocolate Milk**
- 2% Milk**
- Soy/ Almond Milk**
- San Pellegrino**

Espresso Beverages

- Latte**
- Cappuccino**
- Americano**
- Mocha**
- Caramel Macchiato**
- Chai Latte**
- London Fog**
- Add Syrup**
 - Classic, Vanilla, Caramel + Chocolate

Breakfast Pick Me Ups

[Available after 9am daily]

- Add A Shot**
 - Bailey's, Kahlua, Frangelico
- Classic Caesar**
- Throwback Caesar**
- Mimosa**
- Feature Mimosa**

Sides

- Crispy Breakfast Potatoes**
- Breakfast Proteins**
 - Canadian Ham, Bacon, or Sausage
- Crispy Parmesan Truffled Tots**
- Toast**
- Two Eggs Any Style**
- Fresh sliced fruit plate**