

BREAKFAST MENU

Light + Healthy

Granola Parfait	House-made granola, whipped yogurt, berry compote, fresh fruit.
Hot Oatmeal	Rolled oats, pure Quebec maple syrup, cinnamon brown sugar braised Okanagan apples, fresh fruit.
Continental	House-made granola or hot oatmeal, vanilla yogurt, selection of toast, fresh fruit.
Roasted Strawberry + Ricotta Toast	House-baked grain bread, fresh basil, chili, spiced honey, fresh strawberry.
Multi-Grain Avocado Toast	House-baked daily protein bread, smashed avocado, sliced radish, micro cilantro, everything bagel seasoning, fresh fruit. Add 2 eggs any style 5
Breakfast Salad	Fresh organic greens lightly dressed, sweet gem tomatoes, organic red quinoa, fresh avocado, roasted everything crunch, two sunny side eggs.

Time Honoured

Traditional	Two eggs any style, choice of bacon, sausage or Canadian back bacon, crispy breakfast potatoes, toast selection, fresh fruit.
Cordo Omelette	Three eggs, cheese, roasted mushrooms, Canadian ham, crispy breakfast potatoes, toast selection, fresh fruit.
Vegetarian Omelette	Three eggs, cheese, sautéed spinach, onions, tomatoes, feta cheese, crispy breakfast potatoes, toast selection, fresh fruit.
Buttermilk Pancakes	Two buttermilk pancakes, choice of bacon, sausage, or Canadian Ham, two eggs any style, fresh fruit.

Specialties

Classic Eggs Benedict	Two poached eggs, warm crumpet, Canadian back bacon, house-made hollandaise, crispy breakfast potatoes, fresh fruit.
Burger Benedict	Brisket + chuck smashed patties + pepper bacon, pickled red onion, house-made hollandaise, crispy breakfast potatoes, fresh fruit.
Mushroom + Spinach Benedict	Roasted mushrooms, spinach, red onions, feta, house-made hollandaise, crispy breakfast potatoes, fresh fruit.
Keto Breakfast Bowl	Scrambled eggs, grilled beef patty, fresh avocado, sautéed spinach + onions.
Sweet Potato Hash	Red onions, red peppers, roasted corn + beans, chopped jalapeno, fresh avocado, 2 sunny side eggs.
Chocolate Banana French Toast	Two pieces of thick-cut banana bread, choice of bacon, sausage or Canadian ham, 2 eggs any style, fresh fruit. One slice French Toast with sides 15

Beverages

Brewed Coffee
Teavana Tea
Hot Chocolate
Juice
Orange, Apple, Ruby Grapefruit, Cranberry, Tomato
Chocolate Milk
2% Milk
Soy/ Almond Milk
San Pellegrino

Espresso Beverages

Latte
Cappuccino
Americano
Mocha
Caramel Macchiato
Chai Latte
London Fog
Add Syrup
Classic, Vanilla, Caramel + Chocolate

Breakfast Pick Me Ups

[Available after 9am daily]

Add A Shot
Bailey's, Kahlua, Frangelico
Classic Caesar
Throwback Caesar
Mimosa
Feature Mimosa

Sides

Crispy Breakfast Potatoes
Breakfast Proteins
Canadian Ham, Bacon, or Sausage
Crispy Parmesan Truffled Tots
Toast
Two Eggs Any Style
Fresh sliced fruit plate